



ST MALACHY'S PARISH BULLETIN

24 ALFRED STREET, BELFAST, BT28 EN

TEL: 028 90321713 EMAIL: stmalachys@downandconnor.org

Website: <https://www.saintmalachysparish.com/>

Parish Office hours:

Mon-Thurs: 9.30 am - 1.30 pm

Parish Priest: Fr Thomas McGlynn

Sunday 10th March - 4th Sunday of Lent

We want Saint Malachy's to be a Living Community of Faith, centred on the person of Jesus Christ where all people are accepted, made welcome, and called to New Life.

St Malachy's Bethany Bereavement Group
If you would like to contact us Please phone 07954350848

Weekday Public Masses

Monday/Tuesday/Thursday/Friday -
1 pm

No Mass on Wednesdays

Saturday Evening Mass

6 pm

Sunday Mass

10.30 am

Webcam Masses

All Masses will be streamed by
Church Services TV [https://
www.churchservices.tv/
stmalachysbelfast](https://www.churchservices.tv/stmalachysbelfast)

Last weeks Collection

Offertory £1008.74

2nd Collection:

Monthly Offertory: £647.05

Thank you!

A Little Quote

*'Trust Yourself... You know
more than you think you
do.'*

~Benjamin Spock, M.D., *The Common Sense
Book of Baby and Child Care*, 1946

Jesus said "I have come that you may have life and have it to the full" John 10:10

Recently Deceased

Please pray for the happy repose of the souls of

Thomas McGuigan, Sinead Cashman, James Doran, Terry McComish, Pat Devine,
Charles Bready, Marie McMullan

Anniversaries

Eileen Smyth	Peter Brady
Ann Bright	Francis McPeake
John Bright	Karen Neill
Eileen Barnes	Jennifer Milson
Alice McGuigan (nee McCartan)	Joseph Butler
John Kearney	Paul Kelly
Colette Campbell	Pat Magee
Peter McQuade	Billy Swail
Michael Holmes	Liam Martin
James O'Neill	Peter Emmett
Bobby McAllister	Tommy Clinton snr
Honor Kelly	Charles McGrillen
Thomas Pinkey	Paul Boyle
Mary Baxter	Richard Adams
Stuart Baxter	Michael Holmes
Margaret Baxter	

This week the lamps burn for:

Bridget, Theresa & Davy Campbell	The Donnelly Family	The McLaren Family
Patricia Walker & Family	The McParland Family	Special Intention
Eileen Smyth (nee Kane)	Henry & Alice McArdle	Thanksgiving
Holy Souls	The Cregan Family	Terry McComish
Forgotten Souls	Peter Emmett	The McComish Family
Mary French	Sheila & Family	The Turkington Family
Special Intention Maureen	Theresa	June Ann Currie
The Diver Family	Brendan	Pat Magee
The Carson Family	Brendan Carson	Ann Logue
	The Tully Family	Trevor & Gerard Chapburn

The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering a programme of bereavement support in St Bride's Hall, Derryvolgie Ave., Belfast on three Saturdays (24th February and 23rd March 2024) Booking essential. To find out more, contact Marie [07896119669](tel:07896119669) or 07519289185 or email belfastbe@yahoo.com



Great value, brightly-coloured, aprons, zipped bags, cushion covers and gifts made of strong cotton are amongst the hand-crafts that will be on sale in the porch at Saint Malachy's at masses on March 9th and 10th to support "Adelante Africa" – a small NGO working alongside people in Uganda, founded by Jane Cadwallader, whose sister, Anne (from Andersonstown) will be on hand to answer your questions. The women who sew the crafts would otherwise be forced into marriage in their early teens so a very worthy cause.

Course: Cycle Against Suicide Mental Health Peer Support (Buddy) Training
Details: www.cycleagainstsucide.com/register-to-become-community-buddy/

Delivery: Online via Zoom
Time: 7-10pm on 4 evenings over 2 weeks
Option 1: March: Tues 12th, Thurs 14th & Tues 19th, Thurs 21st
Option 2: April: Mon 8th, Wed 10th & Mon 15th, Wed 17th
Option 3: May: Mon 13th, Wed 15th & Mon 20th, Wed 22nd
To Register: training@cycleagainstsucide.com
or online at www.cycleagainstsucide.com/register-to-become-community-buddy/

A ST PATRICK'S WAY pilgrimage experience in Downpatrick on March 16, led by pilgrim guides Martina Purdy and Elaine Kelly. Visit The Saint Patrick Centre, see IMAX film, & receive passport to walk with guides to Inch Abbey and Saul Church & St Patrick's grave. Lunch and bus transfers inc £35 pp. 9am-3pm More info contact the Centre 02844 619000 (The walk is approx 6 miles)

Down & Connor Pilgrimage to Lourdes 2024: 10 – 15th/17th July. 5 & 7 Night options available.

Please visit www.downandconnor.org/lourdes for more information or call the Pilgrimage Office on (028) 9077 0162 or email lourdes@downandconnor.org Youth Team (10-17th July): applications now open.

EXPRESSIONS OF INTEREST FOR THE PERMANENT DIACONATE

The Permanent Deacon responds to the call of Jesus and his Church in three specific ways: through the ministry of Charity, the ministry of the Word and the ministry of the Altar with a particular focus on the ministry of charity. The Diocese invites expressions of interest from men, (married or single), who feel called to the Diaconate.

Further relevant information can be found on the Diocesan website <https://www.downandconnor.org/living-church/diaconate/>

Additionally, it is proposed to hold three information evenings in St Patrick's Downpatrick All Saints Ballymena and St Brigid's Belfast on 7th 12th and 20th March. This will provide an opportunity to meet Permanent Deacons and their wives and discover more about this vocation. It is hoped to commence a propaedeutic year of discernment in September 2024. Expressions of Interest forms will be issued by email to those who have responded to this announcement and the formal application and interview process will commence, with a view to completion in June 2024.

The Legion of Mary presents Matt Fradd, an American-based Catholic speaker who hosts the well-known Podcast *Pints with Aquinas*. He will give 2 talks on Saturday 23 March 2024 at 7pm in Titanic Hotel Belfast. Tickets can be purchased at universe.com/MattFraddBelfast

Unlocking the Mystery of the Bible includes 8 weekly sessions. Course participants will receive a resource pack. The programme requires one hour of study per week.

Venue: **Online via zoom**

Beginning **Wednesday 17th January @7pm online for 8 weeks.**

The program will conclude with a Retreat Day on **Saturday 23rd March 2024 Venue: Holy Rosary Parish Centre, Belfast**

Facilitators: Fr Paul Byrne & Aishling Steen

The cost of the program is £30

To book your place please visit: <https://forms.office.com/e/HTLtfTXUaD> or Tel: 90 690 920

Places are limited. Booking early is advised.



WILL YOU LEND US A HAND?

DOCTORS & NURSES

The Down & Connor Diocesan Pilgrimage to Lourdes is seeking volunteer doctors & registered nurses for our pilgrimage from 10 - 15 July 2024 .



Working with other volunteer doctors and nurses in a specially designed care setting, you will be part of a very special and faith filled community.

For more information, please email your contact details to

lourdes@downandconnor.org



The Bible in a Year

Fr Mike Schmitz guides you through the entire Bible in 365 episodes. You won't just read the Bible you will finally understand how all the pieces fit together to tell an amazing story that continues in your life today!

www.Ascensionpress.com/bibleinayear

Catechism in a Year

Fr Mike Schmitz guides you through the entire Catechism of the Catholic Church in 365 episodes. If you have ever wanted to understand what it means to be Catholic and allow those truths to shape your life then this is the podcast for you!

www.Ascensionpress.com/CIY

Both are available at Ascension press.com, YouTube or wherever you listen to podcasts.

Trócaire School Volunteers:

Are you a retired teacher or someone who has experience presenting to groups of school children? Do you have a passion for making this world a better place, especially for the most vulnerable? Trócaire is looking for volunteers to support our School Talks Programme for Lent 2024 in the Down & Connor Diocese Area. If you think you have the right skills and experience and will have a few free hours during Lent then we would love to hear from you! For more information call Casey Schell on 02890 808033 or email casey.schell@trocaire.org

*The Focolare Spring Gathering will take place from 4th-7th April in Dungarvan, Co. Waterford. This annual all-Ireland event is a chance for all the family to spend a few days of reflection, relaxation and recreation, to refocus on lifestyle choices and to enjoy the opportunity to reset our spiritual compass. Come along and enjoy the company and craic!
Info from Gerard at +353 86 2243631 or focolare.ireland@focolare.org*

ADOPTIVE PARENTS NEEDED URGENTLY

Family Care Adoption Services is an Adoption Agency, and a core part of our work is to place children with new adoptive families. We provide adoption services throughout all Northern Ireland and work with Health and Social Care Trusts to place single children and sibling groups for adoption.

These children are aged from babyhood to approximately 5 years old.

There are currently more children waiting to be adopted in Northern Ireland than families approved to adopt and there is an urgent need for new families to come forward.

All sorts of people from all walks of life can be considered for adoption.

So, wherever you live in Northern Ireland if you think you could offer a child/ren a new life in a family of their own and would like an informal chat to discuss this and to find out more about adoption,

CONTACT US! Email: email@familycareadoption.org Phone: 02890 691133

Website: www.familycareadoption.com

We are waiting to hear from you!

Let us, help you, support your marriage & relationship If you feel your relationship is in crisis or need a little guidance and feel that you and your partner could benefit from Marriage & Relationship Counselling, either face to face or online, contact your local Centre. Every year we help thousands of couples rebuild and sustain healthy relationships.

Call us on 02890 233002 for all N. Ireland centres: N. Ireland Regional Office, Armagh, Ballymena, Belfast, Derry, Enniskillen, Maghera, Newry & Omagh Email: info@accordni.com Web: www.accordni.com

Catholic Chaplaincy QUB reopening at temporary premises

The Catholic Chaplaincy at Queen's University Belfast reopens for the new academic year at **No. 42 University Road**. There you will find a Chapel, social space and our much-loved Mosaic Café, open 8.30 am to 8.30 pm weekdays during term.

Sunday Masses take place at 8 pm in the Canada Room of the University's Lanyon Building and weekday Masses in the Chaplaincy at No.42 (from Monday 25 September).

We look forward to welcoming new and returning students!



The poster for the Flourish Conference features a dark blue background with the word 'Flourish' in a large, stylized font at the top. Below it, 'FLOURISH CONFERENCE' is written in bold white capital letters. The theme 'THEME: HOPE' is displayed in glowing blue capital letters. A red calendar icon is positioned to the left of the date 'WEDNESDAY 6TH MARCH 2024', which is written in red. The speakers 'FATHER HUGH LAGAN AND REV MERVYN EWING' are listed in bold black text. The time 'TIME: 9.00AM- 1.30PM' and venue 'Venue: Lough Neagh Discovery Centre' are also in bold black text. A red button with the word 'REGISTRATION' is on the right. Contact information for more details is provided in black text. At the bottom, logos for the HSC Public Health Agency and Lighthouse Beacon of hope are shown, along with a note that the project is supported by the PHA.

Flourish
FLOURISH CONFERENCE
THEME: HOPE
WEDNESDAY 6TH MARCH 2024

SPEAKERS
FATHER HUGH LAGAN AND REV MERVYN EWING
TIME: 9.00AM- 1.30PM
Venue: Lough Neagh Discovery Centre

REGISTRATION

For more information or to register, please visit
www.wewillflourish.com
or email
info@wewillflourish.com

HSC Public Health Agency
Project supported by the PHA

Lighthouse
Beacon of hope

Growth in Prayer and Reflective Living *(hosted by Drumalis via Zoom, commencing Mon, 18 September)*

Do you feel restless, do you sense there is a deeper meaning to life, that God is out there but you feel disconnected. The Growth in Prayer and Reflective Living course may be for you. This 20 session course via Zoom between September and March is based on the insights of Ignatian Spirituality. For further details, please contact Drumalis during office hours (Mon-Fri, 9 am – 5 pm) – 028 28276455/28272196 or email drumalis@btconnect.com

IGNATIAN SPIRITUALITY Purpose of the course A one-year programme (20 x 2-hour sessions) via Zoom for those who want a closer relationship with God; who struggle with prayer; who want to make choices that are in tune with God's dream for the world.

No expertise in prayer or reflection is required. All are welcome. So come along, whether you have a specific reason for doing the course or simply want space to explore and reflect on your life in relationship to God, self and others.

The Course The course aims to provide participants with prayer resources and reflection skills that will help them:

- Deepen their relationship with God
- Become more aware of the sense and direction of their lives
- Make choices that reflect their self-identity within an understanding of God's hopes for the world
- Develop a spirituality that shapes their response to life.

Towards this end, and within the framework of the Christian liturgical year, the course provides opportunities to:

- Reflect on your understanding of God and self - Become aware of the many ways in which God communicates with us
- Become familiar with different methods of prayer as tools for engaging in conversation with God
- Explore some spiritualities as responses to God's communication
- Develop skills for reflective living - Explore the relationship between prayer and engagement with the world
- Develop a personal spirituality that integrates prayer and life and helps shape your response to the latter.

What Follows the Course? The course is complete in itself. However, it is also a foundation for future possibilities. Rooted in Love is a follow-on to Growth in Prayer and Reflective Living for those who may wish to explore this experience further. Participants may also wish to participate in spiritual direction or retreats in the future.

Method: The method is reflective and experience based. Sessions include team input, guided experiences of prayer, time for quiet personal prayer, and opportunities for listening and sharing.

Times and Attendance: The course will run on Monday evenings from 7.15 pm to 9.15 pm. The dates are:

Jan 24 Feb 24 Mar 24

Financial Information: The offering for the course, which is subsidised by the Friends of Drumalis, is £240.

The Society of Retreat Conductors may offer part-funding- applications must be submitted at least one month before the beginning of the course. To confirm your acceptance of a place on the course, please forward a deposit of £50 by September 12. Balances should be cleared by February 26, 2024

USEFUL INFORMATION

WEDDINGS

By appointment – 3 months is required

FUNERALS

By arrangement

PRIEST IN RESIDENCE – contact details

Chaplain to the Polish Community in Greater Belfast

Tel: **07587 101 979**

Email: schr.belfast@gmail.com

www.belfastparafia.co.uk

PRIMARY SCHOOL

Saint Malachy's Primary School

Eliza Street, Belfast, BT7 2BJ

Tel: **028 9032 7460**

Principle: Mr Dermot Flynn (Snr.)

Nursery Unit: **028 9023 5968**

PRE-SCHOOL

Saint Malachy's Pre-school Playgroup

11 River Terrace, Belfast, BT7 2EN

Tel: **028 9543 0203**

YOUTH CENTRES

St. John Vianney Youth Centre

Tel: **028 9024 7118**

St. Malachy's Youth Centre

Tel: **028 9027 8615**

Youth Leader: Eddie Burns

SAINT VINCENT DE PAUL

Tel: **028 9035 1561**

The Appeal Barometer – Total



£625,881.24

*Donations
are greatly
Appreciated!*